

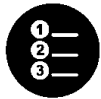
## Strawberry Fields Facial Protocol

Strawberries are high in niacin and when applied topically act as a vasodilator to increase circulation. Niacin plays an important role in an exchange of toxins and it enhances oxygenation due to increased circulation. As part of that circulation, it will create a healthy glow to the skin. The Strawberry Enzyme contains 5% lactic acid and hibiscus flower. Hibiscus flower creates a gentle exfoliation that softens the skin and has an impressive moisturizing effect. Follow this with the hydrating Goji Berry mask to create an anti-aging, hydrating and firming summer facial.

**Skin Conditions:** Normal and combination skin. **For sensitive skin, blend one part Strawberry Enzyme and one part Goji Berry Mask to dilute the enzyme.**

### Professional Facial

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1. Cleanse once with Green Tea Cleanser.
2. Cleanse a second time with Glycolic Cleanser.
3. Apply Strawberry Enzyme under steam for 7-10 minutes. **For sensitive skin, blend one part Strawberry Enzyme and one part Goji Berry Mask to dilute the enzyme.**
4. Remove with a warm barber towel or with cool aesthetic wipes.
5. *Optional:* Perform a microdermabrasion.
6. Perform extractions.
7. Apply Vitamin C/Green Tea Serum and Ageless Hydrating Serum.
8. Apply Goji Berry Mask for 10 minutes and remove with warm barber towel.
9. Tone with Cucumber Toner.
10. Moisturize with Acai Berry Moisturizer.
11. Protect with Sheer Protection SPF 30.

### Products Needed for this Professional Facial

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Green Tea Cleanser  
Goji Berry Mask  
Cucumber Toner

Glycolic Cleanser  
Vitamin C/Green Tea Serum  
Acai Berry Moisturizer

Strawberry Enzyme  
Ageless Skin Hydrating Serum  
Sheer Protection SPF 30

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## Strawberry Enzyme

### Description



Professional Use Only. Contains 5% lactic acid and hibiscus flower (a gentle alternative to AHAs). Perfect for normal and combination skin.

Tingle factor: 3-4

pH: 3.1

- Antioxidant
- Anti-aging
- Brightening
- Exfoliating

### Skin Types



Normal and combination skin

For sensitive skin, blend enzyme with a hydrating mask such as Goji Berry Hydrating Mask to dilute the enzyme.

Anti-aging

### Active Ingredients



- **Fragaria Vesca (Strawberry) Fruit** provides anti-inflammatory, antiviral, and antibacterial properties especially useful for skin care products for problem skin. Strawberry is high in niacin to oxygenate the skin through increased circulation.
- **5% L-Lactic Acid** is an alpha hydroxy acid working as an exfoliant, allowing dead skin cells to slough off and making room for regrowth of new skin. It improves wrinkling and roughness, and it softens the skin.
- **Glycerin** acts as an emollient and lubricant. It also can be a humectant and draw moisture from the air to the skin.
- **Hibiscus Flower** is a gentle alternative to AHAs and has a moisturizing effect. It is an antioxidant that maintains skin elasticity, tones, and acts as an anti-inflammatory.
- **Camellia Sinensis (Green Tea) Leaf Extract** inhibit destructive bacteria growth while maintaining healthy bacteria colonies to prevent acne breakouts. They protect from cellular damage and are antioxidant-rich to neutralize free radicals.

### Tips for Use

- Apply a thin layer to the face after cleansing. Manipulate into the skin with fingertips.
- Apply steam if desired. Remove with a warm barber towel after 7 – 10 minutes.

## Strawberry Enzyme

### Important Notes

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Avoid contact with eyes, and flush immediately if contact occurs.

Always use sun block after using this product.

### Formula Composition

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Aqua (Water)

Fragaria Vesca (Strawberry) Fruit

Lactic Acid (L)

Glycerin

Carbomer

Phenoxyethanol

Hibiscus Sabdariffa Flower Extract

Camellia Oleifera (Green Tea) Leaf Extract

Ethylhexylglycerin

Caprylyl Glycol

Xanthan Gum

Sodium Hydroxide

Fragrance/Parfum



## Goji Berry Yogurt Mask

### Description



Professional Use Only. The Goji Berry Yogurt Mask is a creamy mask in a yogurt base that is great for hydrating and infusing nourishment into the skin.

- Firms the skin
- Reduces fine lines and wrinkles
- Improves skin's elasticity
- Moisturizes
- Rebuilds the skin
- Calms
- Anti-aging

### Skin Types



All skin types, especially normal to dry skin

### Active Ingredients



- **Goji Berry** is a rich source of Vitamin C. It helps rebuild the skin's extracellular matrix by stimulating biosynthesis and fibroblast proliferation and by inhibiting matrix metalloproteinases (MMPs). MMPs are a family of enzymes involved in degradation of extracellular matrix.
- **Yogurt Extract** moisturizes, smoothes, and stimulates cellular regeneration. It also increases immune function and has a lactic acid component.
- **Squalane** is a major component of human skin surface lipids (or oils). Squalane helps keep skin soft and healthy, and its antioxidant capabilities help protect from the harsh effects of the environment. It facilitates the permeation of the active ingredients and prevents the loss of water from the skin, improving the skin's appearance and health.
- **Cucumber** has an anti-inflammatory effect; it soothes irritated skin.

### Tips for Use



- Apply a thin layer to the face after cleansing and exfoliation. Manipulate into the skin with fingertips.
- Remove with a warm barber towel after 7 – 10 minutes.
- Apply toner, moisturizer, and sunblock after use.

### Important Notes



Avoid contact with eyes, and flush immediately if contact occurs.

## Goji Berry Yogurt Mask

### Formula Composition

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Aqua (Water)  
Glycerin  
Caprylic/Capric Triglyceride  
Stearic Acid  
Cetyl Alcohol  
Lycium Barbarum (Goji Berry) Fruit Extract  
Glyceryl Stearate  
Titanium Dioxide  
Acidophilus  
Yogurt Extract  
Squalane  
Nonfat Dry Milk  
Lonicera Caprifolium (Honeysuckle) Flower Extract  
Vitex Agnus Castus (Casticin) Extract  
Colostrum  
Lonicera Japonica (Honeysuckle) Flower Extract  
Cucumis Sativus (Cucumber) Oil  
Cucumis Sativus (Cucumber) Fruit Extract  
Tocotrienols  
Elaeis Guineensis (Palm) Oil  
Hydrolyzed Adansonia Digitata Extract  
Mentha Viridis (Spearmint) Leaf Oil  
Mentha Piperita (Peppermint) Oil  
Passiflora Incarnata (Passionflower) Flower Extract  
Ascorbyl Tetraisopalmitate  
Cyclodextrin  
Tocopherol (D-alpha)  
Sodium Hydroxide  
Lecithin  
Xanthan Gum  
Alcohol  
Carbomer  
Potassium Sorbate  
Phytic Acid